

# Carsington

## sports & leisure

Thank you for booking your course at Carsington Sports and Leisure. Please take a few moments to read the following details to ensure you have everything you need for your course.

### **Start and Finish times**

All practical courses will begin at 10.00am and will finish by 17.00

### **Personal Equipment – *Sailing, Windsurfing & Paddlesports***

- A set of warm and water proof clothing
- Wetsuit/Drysuit (Wetsuits will be provided by the centre and are included in the course fee)
- Swimwear and towel
- Suitable footwear that will get wet! (Neoprene boots or trainers)
- Hats and sun lotion are recommended during summer months, warm hats in winter
- Changing rooms and hot showers are available
- Food and drink (Snacks are available from the centre, hot food is available from the visitor centre)
- Hot drinks will be provided
- Health Declaration

### **Personal Equipment – *Powerboating***

- A set of warm and waterproof clothing
- Footwear - wellies or trainers
- Hats, sunglasses and sun lotion are recommended during summer months, warm hats & gloves during winter
- Changing rooms are available
- Food and drink (Snacks are available from the centre, hot food is available from the visitor centre)
- A passport photograph
- Hot drinks will be provided
- Health Declaration

! Customers who have booked onto an *instructor training course* will be sent full joining instructions directly to their contact email address.

### **Health Declaration**

You will need to complete the Health declaration form and bring it with you to the course. Please feel free to discuss any special requirements you may have with your course instructor.

**Directions**

Directions to the centre can be found on our website [www.carsingtonwater.com](http://www.carsingtonwater.com)  
Alternatively you can use an online route map or Sat Nav - Our postcode is **DE6 1ST**

**On Arrival**

- Please arrive 15 minutes before your course start time
- Please park in the Watersports Car Park (This is located by the side of our building next to the Anglers Car Park)
- Report to Watersports Reception (You will be issued with a free parking pass)
- After reporting to reception you will be introduced to your instructor
- Please note we do not have lockers, please keep your valuables in a safe place

**Terms & Conditions**

Our terms and conditions can be viewed at any time by visiting our website or following the link: <http://www.carsingtonwater.com/Terms-and-Conditions.html>

If you require any further information about your course please do not hesitate to contact the centre. We look forward to meeting you during your course,

Yours Sincerely,

Ben Hodgson. (Centre Principal)